

TAYLORS HILL & BURNSIDE



Programs and events

Term 3 2026



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Holistic Yoga & Meditation

Saturdays: 18 July - 12 September 2026

Set your weekend up for success in our holistic Yoga and meditation program. Offering a calming, nourishing and grounding practice, our classes commence with a series of warming exercises and a gentle-flow of asanas (poses). Poses are carefully selected to best prepare your body and mind for the practice of pranayam (breathing) and meditation.

LOCATION

Taylor's Hill Youth & Community Centre:
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Saturdays: 18 July - 12 September 2026
9:20am - 10:20am

COST

\$81 (9 sessions)

AGE GROUP

Adults 18+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au



Yoga for Seniors

Saturdays: 18 July - 12 September 2026

Be guided by our passionate yoga instructor through a series of poses, posture and breathing practices that will release tension while strengthening and promoting flexibility. Ending with a short period of meditation to quieten the mind and rejuvenate the body, this class is suitable for seniors of all levels of fitness.

LOCATION

Taylor's Hill Youth & Community Centre:
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Saturdays: 18 July - 12 September 2026
10:30am - 11:30am

COST

\$20 for Block 1 (4 sessions)
\$25 for Block 2 (5 sessions)
\$45 for full term (9 sessions)

AGE GROUP

Adults 50+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

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B Minor Music

Wednesdays: 15 July - 16 September 2026

Make musical memories with your child at B Minor Music for Kids! Our sessions are jam packed with singing, puppetry, dancing, rhymes, stories, felt board characters and musical instruments. This interactive music program is led by an experienced early childhood educator and trained performer who is passionate about educating children through performance and fun.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Wednesdays: 15 July - 16 September 2026
12:30pm - 1pm

COST

\$90 per child (10 sessions)

AGE GROUP

8 months - 5 years

SUPERVISION REQUIREMENT

Children must be supervised by a parent/carer

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au



Art 4 Kids

Tuesdays: 21 July - 8 September 2026

Explore the world of drawing and painting with our professional artist! Art 4 Kids is an informal and fun way for your child to explore their artistic and creative side. Your child will use a variety of materials including charcoal, pencil, oil pastels, watercolours, acrylics and more to create their own masterpieces.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Tuesdays: 21 July - 8 September 2026
4pm - 5:30pm

COST

\$88 per child (8 sessions)

AGE GROUP

8-12 years

SUPERVISION REQUIREMENT

Supervision is provided

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

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Yoga Fusion Flow - Intermediate

THURSDAYS: 16 JULY - 17 SEPTEMBER 2026

Take your yoga practice to the next level with this Hatha-inspired class, designed to strengthen the body, enhance flexibility, and deepen relaxation through movement, breathwork, and mindfulness.

Led by our skilled and passionate instructor, Alicia, this class will challenge and refine your practice with a dynamic flow of postures, balance work, and deeper stretches to help you build strength and mobility while calming the mind.

Suitable for Intermediate level. BYO yoga mat, yoga block, towel and water bottle.

LOCATION

Taylor's Hill Youth & Community Centre:
121 Calder Park Drive, Taylor's Hill, 3037

DATE & TIME

Thursdays: 16 July - 17 September 2026
7:30pm - 8:30pm

COST

\$90 (10 sessions)

AGE GROUP

Adults

BOOKINGS

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FURTHER INFORMATION

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taylorshillhouse@melton.vic.gov.au



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Make and Create for Preschoolers

Thursday: 13 August 2026

Have fun participating in activities with your child and be inspired to try art activities at home. These sessions offer hands-on experiences that encourage 3–5-year-olds to play, experiment and have fun with art. Activities are selected for their developmental benefits and include painting, drawing, tearing, cutting, gluing, threading and sensory experiences.

LOCATION

Taylors Hill Youth & Community Centre
121 Calder Park Drive, Taylors Hill

DATE & TIME

Thursday: 13 August 2026
10:30am - 11:30am

COST

\$5

AGE GROUP

3-5 years

SUPERVISION REQUIREMENTS

Supervision is required

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au

Sensory and Messy Play for Preschoolers

Thursday: 10 September 2026

Play, experiment, and have fun during this hands-on session for pre-schoolers. Perfect for children aged 2-5 years, participants will be delighted with different sensory activities dotted around the room that may include water play, playdough, painting and more. Activities are selected for your child's developmental benefits such as language development, cognitive growth, fine motor skills, and problem-solving skills.

LOCATION

Taylors Hill Youth & Community Centre
121 Calder Park Drive, Taylors Hill

DATE & TIME

Thursday: 10 September 2026
10:30am - 11:30am

COST

\$5

AGE GROUP

2-5 years

SUPERVISION REQUIREMENTS

Supervision is required

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

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Term 3 2026



Zumba for Women

Thursdays: 16 July - 17 September 2026

Join the fun and experience the benefits of Zumba! Designed as a combination of Latin dance moves and aerobics, Zumba is great for burning calories, boosting your cardio endurance, toning and strengthening your body and improving your flexibility and coordination.

Movements can be modified to suit your level of comfort making it perfect for everybody, no matter your age, size, experience or fitness level.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Thursdays: 16 July - 17 September 2026
6:30pm - 7:30pm

COST

\$90 (10 classes)

AGE GROUP

Adults 18+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au

Zumba Gold

Fridays: 17 July - 18 September 2026

Designed specifically for the older adult and led by an experienced and qualified Zumba Gold instructor, this program offers a fun, safe and effective workout. Zumba Gold classes are low impact and incorporate a great warm up and cool down, with easy-to-follow routines. Move your body at your own pace to Latin inspired dance moves, including salsa, samba, mambo, cha cha and more.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Fridays: 17 July - 18 September 2026
9:30am - 10:30am

COST

\$25 for Block 1 (5 sessions)
\$25 for Block 2 (5 sessions)
\$50 for full term (10 sessions)

AGE GROUP

Adults 55+

BOOKINGS

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Taylors Hill Women's Social Club

WEDNESDAY 15 JULY - 9 SEPTEMBER 2026

Are you looking for a space to unwind, get creative and connect with like-minded women? Join us at the Taylors Hill Women's Social Club – a relaxed, social craft and cooking group designed just for women in our community.

Whether you're into sewing, knitting, crochet or cooking – all skill levels are welcome. No formal instruction, no pressure – just good vibes and great company.

The group is open to women aged 18 and over and is held in a relaxed, welcoming environment. Please bring along any materials or tools you'll need for your chosen project.

LOCATION

Taylors Hill Youth & Community Centre
121 Calder Park Drive, Taylors Hill, 3037

DATE & TIME

Day: Wednesday 15 July - 9 September 2026
Time: 10am - 1pm

COST

\$Free

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

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taylorshillhouse@melton.vic.gov.au



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TAYLORS HILL & BURNSIDE

Term 3 2026



Hatha Yoga

Thursdays: 16 July - 17 September 2026

Join the fun and experience the benefits of Zumba! Designed as a combination of Latin dance moves and aerobics, Zumba is great for burning calories, boosting your cardio endurance, toning and strengthening your body and improving your flexibility and coordination.

Movements can be modified to suit your level of comfort making it perfect for everybody, no matter your age, size, experience or fitness level.

LOCATION

Burnside Children's & Community Centre
23 Lexington Drive, Burnside

DATE & TIME

Thursdays: 16 July - 17 September 2026
6:15pm - 7:15pm

COST

\$90 (10 classes)

AGE GROUP

Adults 18+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au

Bolly X Dance Fitness

Mondays: 13 July - 14 September 2026

Bolly X Dance is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. Cycling between high and low intensity dance sequences to get you moving, sweating, and smiling. Classes embody the infectious energy, expression and movement of Bollywood, and are perfect for everybody, no matter your age, size, experience, or fitness level.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Mondays: 13 July - 14 September 2026
7:00pm - 7:50pm

COST

\$90

AGE GROUP

Adults

BOOKINGS

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Paint for Fun: Adult Art Workshops

Tuesdays: 28 July, 11 August & 1 Sept 2026

Paint for Fun is all about being open to learning, relaxing and painting, just for fun! In this supportive and informal program, you will learn and develop new painting techniques and skills over a series of classes. No prior painting experience necessary.

LOCATION

Taylors Hill Youth & Community Centre
121 Calder Park Drive, Taylors Hill 3037

DATE & TIME

Tuesdays: 28 July, 11 August & 1 September 2026
6pm - 8pm

COST

\$45 for 3 sessions

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au

Ashtanga Yoga

Fridays: 17 July - 4 September 2026

Looking for more intensity in your Yoga sessions? Our Ashtanga Yoga program requires physical strength, flexibility, and endurance. This style of Yoga includes a series of poses linked together with breath to form a continuous sequence. While it is a very physical practice, it also promotes mental clarity and inner peace. Our volunteer tutor Shilpa is a qualified yoga instructor who is passionate about sharing her knowledge and expertise with the community.

LOCATION

Parkwood Green Community Centre
88 Catherine Drive, Hillside 3037

DATE & TIME

Fridays: 17 July - 4 September 2026
5:30pm - 6:30pm

COST

\$40 (8 sessions)

AGE GROUP

Adults 18+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

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taylorshillhouse@melton.vic.gov.au



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ENROLMENTS

Enrolments for all programs are now online at our website (unless specified).

REFUNDS

Please refer to the refund policy on our website.

ROOM HIRE

For information on available rooms to hire at your local community centre, visit the 'Venues for Hire' page on Council's main website.

CONTACT US

For more information about your local community centre or any of the programs on offer, contact us via phone or email or visit us during business hours.

TAYLORS HILL YOUTH & COMMUNITY CENTRE

 **PHONE** 9747 5424

 **EMAIL** taylorshillhouse@melton.vic.gov.au

 **ADDRESS** 121 Calder Park Drive, Taylors Hill, 3037

BURNSIDE COMMUNITY CENTRE

 **PHONE** 9747 5424

 **EMAIL** taylorshillhouse@melton.vic.gov.au

 **ADDRESS** 23 Lexington Drive, Burnside, 3023

 **WEBSITE** meltonlearning.vic.gov.au

 **FACEBOOK** facebook.com/meltonlearning

 **YOU TUBE** bit.ly/MLDYouTube



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