

HILLSIDE



Programs and events

Term 3 2026



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Ladies Social Walking Group

Thursdays: 16 July – 17 September 2026

This is an ongoing community group of mature age ladies that meet on Thursday mornings, (during school terms, excl. public holidays).

LOCATION

Hillside Community Centre
71 Royal Crescent, Hillside, 3037

DATE & TIME

Thursdays: 16 July - 17 September 2026
9:30am - 11:30am

COST

Free (10 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512

hillsidecommunitycentre@melton.vic.gov.au



Hillside Singing Group

Thursdays: 16 July - 17 September 2026

Come along to have some fun, interact with others in your local neighbourhood and feel good! Singing in a group setting improves our mood and decreases stress, depression and anxiety. These effects are often attributed to the deeper breathing associated with singing that is also used in meditation.

All age groups welcome. No singing experience necessary.

LOCATION

Hillside Community Centre
71 Royal Crescent, Hillside, 3037

DATE & TIME

Thursdays: 16 July - 17 September 2026
1:30pm - 3pm

COST

Block 1 \$40 (for 5 sessions)
Block 2 \$40 (for 5 sessions)
Full Term \$80 (for 10 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512

hillsidecommunitycentre@melton.vic.gov.au



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Paint for Fun: Adult Art Workshops

Paint for Fun is all about being open to learning, relaxing and painting, just for fun!

In this supportive and informal program, you will learn and develop new painting techniques and skills over a series of classes.

Each class will have a different focus so you could find yourself painting anything from landscapes, a portrait of an animal in their native habitat, abstract art or even your favourite flower.

No prior painting experience necessary.

LOCATION

Hillside Community Centre,
71 Royal Crescent, Hillside, 3037

DATE & TIME

Wednesdays: 29 July, 12 August, 2 September
10am - 12pm

COST

\$36 (3 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512

hillsidecommunitycentre@melton.vic.gov.au



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Patchwork Quilting

Thursdays or Fridays during Term 3

Relax and enjoy the company of fellow quilters in our patchwork quilting program. Guided by Bridget, our experienced teacher, participants will master both hand and machine quilting techniques including blanket stitch appliqué, foundation piecing, quilting the quilt and binding. Tea, coffee, and good company provided. Bring along your sewing machine and quilting materials.

LOCATION

Banchory Community Centre
17 Banchory Avenue, Hillside, 3037

DATE & TIME

Thursdays: 16 July - 17 September | 7pm - 9pm
Fridays: 17 July - 18 September | 9:30am - 11:30am
Fridays: 17 July - 18 September | 12:00pm - 2:00pm
Note: No sessions on Thursday 10 and Friday 11 Sep

COST

Thursdays \$108 (9 sessions)
Fridays \$108 (9 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512
banchorycentre@melton.vic.gov.au



Mat Pilates

Saturdays: 18 July - 12 September 2026

If you're looking to incorporate gentle exercise combined with strength-based movements into your fitness routine, our new mat Pilates program is the perfect way to start your weekend.

LOCATION

Hillside Community Centre,
71 Royal Crescent, Hillside, 3037

DATE & TIME

Saturdays: 18 July - 12 September 2026
9:00am - 10:00am

COST

\$81 (9 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512
hillsidecommunitycentre@melton.vic.gov.au



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Hatha Yoga for Men and Women

Saturdays: 18 July - 12 September 2026

Hatha yoga is designed to increase awareness of your body and mind through stretching, breathing and meditation. Be guided through a series of poses, postures and breathing practices that will release tension while strengthening and promoting flexibility in your body.

LOCATION

Hillside Community Centre
71 Royal Crescent, Hillside, 3037

DATE & TIME

Saturdays: 18 July - 12 September 2026
10:15am - 11:15am

COST

\$81 (9 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512
hillsidecommunitycentre@melton.vic.gov.au

Yin Yoga

Saturdays: 18 July - 12 September 2026

Focusing on a series of slow, long-held floor poses, Yin Yoga works to target the lower part of the body, gently stretch ligaments and maintain range of motion through the joints. During the class your yoga teacher, will guide you through slow, deep stretches while teaching you how to breathe through postures and sit with your thoughts.

LOCATION

Hillside Community Centre
71 Royal Crescent, Hillside, 3037

DATE & TIME

Saturdays: 18 July - 12 September 2026
11:30am - 12:30pm

COST

\$81 (9 sessions)

AGE GROUP

Adults

BOOKINGS

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FURTHER INFORMATION

0499 311 512
hillsidecommunitycentre@melton.vic.gov.au



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Sensory Play for Pre-Schoolers

Play, experiment, and have fun during this hands-on session for pre-schoolers.

Perfect for children aged 2-5 years, participants will be delighted with different sensory activities dotted around the room that may include water play, playdough, painting and more.

Activities are selected for your child's developmental benefits such as language development, cognitive growth, fine motor skills, and problem-solving skills.

LOCATION

Hillside Community Centre
71 Royal Crescent, Hillside, 3037

DATE & TIME

Wednesday: 22 July 2026
10:30am - 11:30am

COST

\$5 per child (1 session)

AGE GROUP

2-5 years

SUPERVISION REQUIREMENT

Children must be supervised by a carer/adult

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512
hillsidecommunitycentre@melton.vic.gov.au



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BusyFeet: Kids' Music Program

Saturdays: 18 July - 12 September 2026

BusyFeet is a fun program that expand horizons with dance, music and movement for children with intellectual and physical disabilities. The children range in ages from 6 - 16 years and are all respected for their individual capabilities.

LOCATION

Banchory Community Centre
17 Banchory Avenue, Hillside, 3037

DATE & TIME

Saturdays: 18 July - 12 September 2026
11am - 11:45am

COST

Gold Coin Donation (9 sessions)

AGE GROUP

6-16 years

BOOKINGS

Contact Nilda for further information or to enrol

FURTHER INFORMATION

0438 594 929
rotarycarolinesprings@gmail.com

Zumba Gold

Mondays: 13 July - 14 September

Dance your way to better health with Zumba Gold! Designed specifically for older adults and led by an experienced and qualified instructor, this program offers a fun, safe and effective workout.

LOCATION

Banchory Community Centre
17 Banchory Avenue, Hillside, 3037

DATE & TIME

Mondays: 13 July - 14 September 2026
10am - 11am

COST

Block 1 - \$25 (5 sessions - 13 July - 10 August)
Block 2 - \$25 (5 sessions - 17 August - 14 September)
\$50 (full 10 sessions)

AGE GROUP

Seniors

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512
banchorycentre@melton.vic.gov.au



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**\$5 per
child**

Make & Create Art Fun for Pre-Schoolers

Have fun participating in activities with your child and be inspired to try art activities at home.

These sessions offer hands-on experiences that encourage 3–5-year-old children to play, experiment and have fun with art.

Activities are selected for their developmental benefits and include painting, drawing, tearing, cutting, gluing, threading and sensory experiences.

LOCATION

Hillside Community Centre
71 Royal Crescent, Hillside, 3037

DATE & TIME

Wednesday, 26 August 2026
10:30am - 11:30am

COST

\$5 per child (1 session)

AGE GROUP

3–5 years

SUPERVISION REQUIREMENT

Children must be supervised by a carer/adult

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512

hillsidecommunitycentre@melton.vic.gov.au



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Hatha Yoga

Mondays: 13 July - 14 September

Set your week up for success by switching off your mind and immersing yourself in our Hatha yoga program. Enjoy a gentle warm up followed by a series of guided postures that aim to improve your balance, flexibility, and strength before ending a short period of meditation to quieten the mind and rejuvenate the body.

LOCATION

Parkwood Green Community Centre
88 Catherine Drive, Hillside, 3037

DATE & TIME

Mondays: 13 July - 14 September 2026
6:15pm - 7:15pm OR 7:30pm to 8:30pm

COST

\$90 (10 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512

hillsidecommunitycentre@melton.vic.gov.au



Bolly X Dance Fitness for Women

Wednesdays: 15 July - 16 September

Bolly X Dance is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world. Cycling between high and low intensity dance sequences to get you moving, sweating, and smiling.

LOCATION

Banchory Community Centre
17 Banchory Avenue, Hillside, 3037

DATE & TIME

Wednesdays: 15 July - 16 September 2026
7pm - 7:50pm

COST

\$90 (10 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512

Banchorycentre@melton.vic.gov.au



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Children's Art Therapy for Wellbeing

Mondays: 20 July - 7 September

This art therapy program aims to promote emotional wellbeing for children through art making, co-regulation and enabling creative risk-taking.

Different from an art class, art therapy focuses on empowering children to express themselves through creativity.

LOCATION

Hillside Community Centre
71 Royal Crescent, Hillside, 3037

DATE & TIME

Mondays: 20 July - 7 September 2026
5pm - 6pm

COST

\$72 (8 sessions)

AGE GROUP

Children 7-12 years

SUPERVISION

Supervision is provided

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

0499 311 512
hillsidecommunitycentre@melton.vic.gov.au



Teen Art Therapy for Self-Expression

Mondays: 20 July - 7 September

This art therapy program aims to empower participants to express themselves through creativity. Unlike art classes, art therapy is more about the process than the outcome and you do not need to be good at art to benefit.

LOCATION

Hillside Community Centre
71 Royal Crescent, Hillside, 3037

DATE & TIME

Mondays: 20 July - 7 September 2026
6:15pm - 7:15pm

COST

\$72 (8 sessions)

AGE GROUP

Children 13-16 years

SUPERVISION

Supervision is provided

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

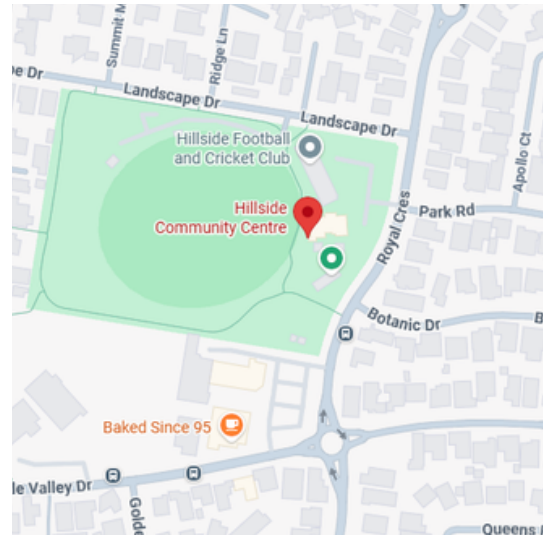
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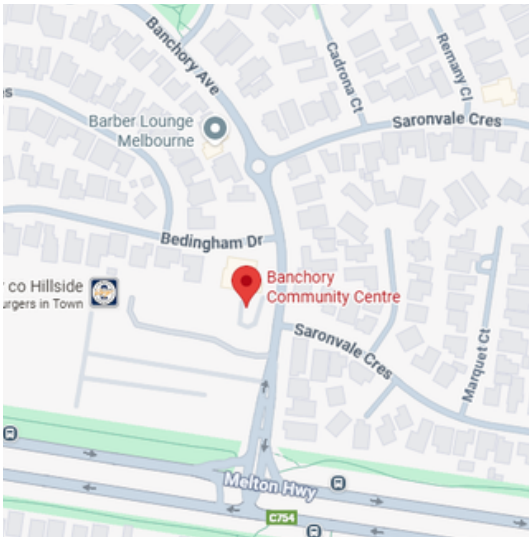
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Hillside Community Centre, 71 Royal Crescent, Hillside VIC 3037



Banchory Community Centre, 17 Banchory Avenue, Hillside VIC 3037



Parkwood Green Community Centre, 88 Catherine Drive, Hillside VIC 3037



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ENROLMENTS

Enrolments for all programs are now online at our website (unless specified).

REFUNDS

Please refer to the refund policy on our website.

ROOM HIRE

For information on available rooms to hire at your local community centre, visit the 'Venues for Hire' page on Council's main website.

CONTACT US

For more information about your local community centre or any of the programs on offer, contact us via phone or email or visit us during business hours.

BANCHORY COMMUNITY CENTRE

 **PHONE** 0499 311 512

 **EMAIL** banchorycentre@melton.vic.gov.au

 **ADDRESS** 17 Banchory Avenue, Hillside, 3037

HILLSIDE COMMUNITY CENTRE

 **PHONE** 0499 311 512

 **EMAIL** hillsidecommunitycentre@melton.vic.gov.au

 **ADDRESS** Recreation Reserve, Royal Crescent, Hillside, 3037

PARKWOOD GREEN CHILDREN'S & COMMUNITY CENTRE

 **PHONE** 0499 311 512

 **EMAIL** hillsidecommunitycentre@melton.vic.gov.au

 **ADDRESS** 88 Catherine Drive, Hillside, 3037



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 **YOU TUBE** bit.ly/MLDYouTube