

TAYLORS HILL & BURNSIDE



Programs and events

Term 2 2026



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Holistic Yoga & Meditation

Saturdays: 2 May - 20 June 2026

Set your weekend up for success in our holistic Yoga and meditation program. Offering a calming, nourishing and grounding practice, our classes commence with a series of warming exercises and a gentle-flow of asanas (poses). Poses are carefully selected to best prepare your body and mind for the practice of pranayam (breathing) and meditation.

LOCATION

Taylor's Hill Youth & Community Centre:
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Saturdays: 2 May - 20 June 2026
9:20am - 10:20am

COST

\$72 (8 sessions)

AGE GROUP

Adults 18+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au



Yoga for Seniors

Saturdays: 2 May - 20 June 2026

Be guided by our passionate yoga instructor through a series of poses, posture and breathing practices that will release tension while strengthening and promoting flexibility. Ending with a short period of meditation to quieten the mind and rejuvenate the body, this class is suitable for seniors of all levels of fitness.

LOCATION

Taylor's Hill Youth & Community Centre:
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Saturdays, 2 May - 20 June 2026
10:30am - 11:30am

COST

\$20 for Block 1 (4 sessions)
\$20 for Block 2 (4 sessions)
\$40 for full term (8 sessions)

AGE GROUP

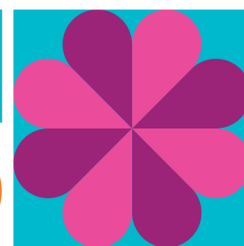
Adults 50+

BOOKINGS

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**New
Night**

Bolly X Dance Fitness for Women

**Mondays: 20 April - 22 June 2026
(excludes 8 June)**

Bolly X Dance, is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from around the world.

Classes embody the infectious energy, expression and movement of Bollywood, and are perfect for everybody, no matter your age, size, experience or fitness level.

Led by a qualified and passionate instructor, Bolly X promotes body positivity with an emphasis on having fun and feeling good about yourself.

LOCATION

Taylor's Hill Youth & Community Centre:
121 Calder Park Drive, Taylor's Hill, 3037

DATE & TIME

Mondays: 20 April - 22 June 2026
(excludes 8 June)
7pm - 7:50pm

COST

\$81 (9 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au



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B Minor Music

Wednesdays: 22 April - 24 June 2026

Make musical memories with your child at B Minor Music for Kids! Our sessions are jam packed with singing, puppetry, dancing, action songs, rhymes, stories, felt board characters and musical instruments. This interactive music program is led by an experienced early childhood educator and trained performer who is passionate about educating children through performance and fun.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Wednesdays: 22 April - 24 June 2026
12:30pm - 1pm

COST

\$90 per child (10 sessions)

AGE GROUP

8 months - 5 years

SUPERVISION REQUIREMENT

Children must be supervised by a parent/carer

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au



Art 4 Kids

Tuesdays: 28 April - 16 June 2026

Explore the world of drawing and painting with our professional artist! Art 4 Kids is an informal and fun way for your child to explore their artistic and creative side. Your child will use a variety of materials including charcoal, pencil, oil pastels, watercolours, acrylics and more to create their own masterpieces.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Tuesdays, 28 April - 16 June 2026
4pm - 5:30pm

COST

\$88 per child (8 sessions)

AGE GROUP

8-12 years

SUPERVISION REQUIREMENT

Supervision is provided

BOOKINGS

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FURTHER INFORMATION

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TAYLORS HILL & BURNSIDE
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Zumba for Women

Thursdays: 23 April – 25 June 2026

Join the fun and experience the benefits of Zumba! Designed as a combination of Latin dance moves and aerobics, Zumba is great for burning calories, boosting your cardio endurance, toning and strengthening your body and improving your flexibility and coordination.

Movements can be modified to suit your level of comfort making it perfect for everybody, no matter your age, size, experience or fitness level.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Thursdays: 23 April - 25 June 2026
6:30pm - 7:30pm

COST

\$90 (10 classes)

AGE GROUP

Adults 18+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au

Zumba Gold

Fridays: 24 April - 26 June 2026

Designed specifically for the older adult and led by an experienced and qualified Zumba Gold instructor, this program offers a fun, safe and effective workout. Zumba Gold classes are low impact and incorporate a great warm up and cool down, with easy-to-follow routines. Move your body at your own pace to Latin inspired dance moves, including salsa, samba, mambo, cha cha and more.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill

DATE & TIME

Fridays: 24 April - 26 June 2026
9:30am - 10:30am

COST

\$25 for Block 1 (5 sessions)
\$25 for Block 2 (5 sessions)
\$50 for full term (10 sessions)

AGE GROUP

Adults 55+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

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Hatha Yoga

Thursdays: 23 April - 25 June 2026

Ease into the end of your week by switching off your mind and immersing yourself in our Hatha yoga program. Enjoy a gentle warm up followed by a series of guided postures that aim to improve your balance, flexibility, and strength before ending a short period of meditation to quieten the mind and rejuvenate the body.

Poses in this class include standing, seated and lying postures. All poses can be modified to make them as easy or as challenging as is suitable for your body.

LOCATION

Burnside Children's & Community Centre
23 Lexington Drive, Burnside 3023

DATE & TIME

Thursdays: 23 April - 25 June 2026
6:15pm - 7:15pm **OR** 7:30pm - 8:30pm

COST

\$90 (10 sessions)

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au



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Paint for Fun: Adult Art Workshops

Tuesdays: 5 May, 2 June, 23 June 2026

Paint for Fun is all about being open to learning, relaxing and painting, just for fun! In this supportive and informal program, you will learn and develop new painting techniques and skills over a series of classes.

No prior painting experience necessary.

LOCATION

Taylor's Hill Youth & Community Centre
121 Calder Park Drive, Taylor's Hill 3037

DATE & TIME

Tuesdays:
5 May, 2 June, 23 June 2026
6pm - 8pm

COST

\$45 for 3 sessions

AGE GROUP

Adults

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

9747 5424 or
taylorshillhouse@melton.vic.gov.au

Ashtanga Yoga

Fridays: 1 May - 19 June 2026

Looking for more intensity in your Yoga sessions? Our Ashtanga Yoga program requires physical strength, flexibility, and endurance. This style of Yoga includes a series of poses linked together with breath to form a continuous sequence. While it is a very physical practice, it also promotes mental clarity and inner peace. Our volunteer tutor Shilpa is a qualified yoga instructor who is passionate about sharing her knowledge and expertise with the community.

LOCATION

Parkwood Green Community Centre
88 Catherine Drive, Hillside 3037

DATE & TIME

Fridays: 1 May - 19 June 2026
5:30pm - 6:30pm

COST

\$40 (8 sessions)

AGE GROUP

Adults 18+

BOOKINGS

meltonlearning.vic.gov.au

FURTHER INFORMATION

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ENROLMENTS

Enrolments for all programs are now online at our website (unless specified).

REFUNDS

Please refer to the refund policy on our website.

ROOM HIRE

For information on available rooms to hire at your local community centre, visit the 'Venues for Hire' page on Council's main website.

CONTACT US

For more information about your local community centre or any of the programs on offer, contact us via phone or email or visit us during business hours.

TAYLORS HILL YOUTH & COMMUNITY CENTRE

 **PHONE** 9747 5424

 **EMAIL** taylorshillhouse@melton.vic.gov.au

 **ADDRESS** 121 Calder Park Drive, Taylors Hill, 3037

BURNSIDE COMMUNITY CENTRE

 **PHONE** 9747 5424

 **EMAIL** taylorshillhouse@melton.vic.gov.au

 **ADDRESS** 23 Lexington Drive, Burnside, 3023

 **WEBSITE** meltonlearning.vic.gov.au

 **FACEBOOK** facebook.com/meltonlearning

 **YOU TUBE** bit.ly/MLDYouTube



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